

## The Recycling centre

### What can I do to reduce waste?

#### Things we can all do to reduce waste and help the environment.

- 1.** Pack your lunch in reusable containers instead of sandwich bags or aluminum foil. It will stay fresher and will not get squashed! Put leftover food in reusable storage containers to eat later. If you have school dinners, take small portions of food and only go back for 'seconds' if you are still hungry.
- 2.** Collect and recycle aluminum cans and plastic bottles. Recycling one aluminum can saves enough energy to keep a light bulb lit for 12 hours!
- 3.** Use both sides of a piece of paper when writing letters or doing homework. If you only need to use one side, save the paper in a "Reuse box" for future use. This makes your paper last twice as long.
- 4.** Use a pencil and erase any mistakes with a rubber. If you need a perfect copy, practice first on one of the papers from your "Reuse box".
- 5.** Save your old clothes for a car boot sale or give them to a charity. If they are ripped or torn and cannot be repaired, then use them for cleaning rags (cut off and save the buttons first).
- 6.** Litter is everybody's problem and responsibility. Do your part by picking it up and disposing of it properly, perhaps even recycle it.
- 7.** Get a library card and use it. Books and magazines can be used many times by lots of people instead of just once by you.
- 8.** After you buy a small item, take it home in your pocket. You do not really need a bag. If your items are too large for your pocket, then bring a reusable shopping bag. Always keep plastic bags for reuse.
- 9.** Buying in bulk (it means in large amounts) is cheaper than buying individually wrapped servings and requires less packaging. Offer to go shopping with your mum and dad– you can help carry the bigger packages!
- 10.** Save energy by turning off lights, TVs and music systems when you are not using them.

**11.** Save broken crayons in a can for future colouring or art projects. Buy a crayon sharpener to make points on round edges.

**12.** Don't buy throw-away cameras. Even if you only use a camera once a year for disposable snaps, it is still cheaper to buy an inexpensive or second-hand camera.

Why not design a poster based on one or more of the tips and then put it up in your school?